



# TJCC Stingrays Swim Team

## USA REGISTRATION FALL 2009/2010\*



All swimmers who train with the TJCC Stingrays **must** be members of USA Swimming.

TJCC policy states that swimmers will not be allowed in the pool until Session training fees have been paid AND all USA registration forms are completed and received by the Team Registrar.

### **NEW MEMBERS of TJCC Year-Round Team and NOT USA Registered,** please:

- ✓ **1. Swimmer must schedule a "try out" (M/T/W @ 4:00 pm). An enrollment form stating acceptance onto team and color group training designation must be signed by Coach.**
- 2. Session Training Fee MUST be paid at TJCC Sports and Fitness Desk.** Take signed enrollment form (step 1) to s&f desk to pay applicable fees. Coaches assign training groups. Training group assignments reflect amount of training fees owed (See schedule below). NOTE: training fees are payable to the JCC, not swim team. None refundable.
- ✓ **3. 2009 USA Athlete Registration Application (attached), copy of a BIRTH CERTIFICATE, and \$100 check payable to "TJCC STINGRAY SWIM TEAM".** (2009 Form Attached). Complete this form, attach birth certificate and applicable registration fee will be sent to USA Swimming in Phoenix. You will receive a USA membership card in the mail within 2-3 weeks of registering at the address stated on the registration form. Copy of swimmer's passport may be submitted for birth certificate. A swimmer registered for 2010 will have a 16-month USA membership (9/09 – 12/10).
- ✓ **4. Place items 2 & 3 above in an envelope or clip together. Give all items to Sports & Fitness Desk staff to place in "AQUATICS BOX"** or you may give it directly to Kyra Holtzman (team registrar) during swim practice
- ✓ **NOTE: The check payable to "TJCC Stingrays"** will be deposited into an account for your swimmer. This is called a "MEAD" account (Meet Entry Account Deposit). Please write swimmer's name and "MEAD" on check memo line. \$100 covers cost of USA Registration (\$57) AND the balance will be used to pay for your swimmer's swim meet entry fees. See page 2 for additional information regarding MEAD accounts.

*It takes 2-3 weeks to process a registration. Registrations WILL NOT be processed if any of the above items are missing when turned in.*

*Incomplete paperwork/payment will prevent your child from participating on the team and becoming eligible for USA meets.*

*QUESTIONS may be directed to Kyra Holtzman, Team Registrar, at 360.9065 or registrar@tucsonstingrays.com.*

### **RETURNING MEMBERS of TJCC Year-Round Team AND Currently Registered USA Swimmers,** please:

- Y **1. Pay Current Session Training Fee as stated on your renewal form (located in your folder in team box) at the JCC Sports & Fitness Desk.** Coaches assign swimmers to training groups. Coaches move swimmers up levels when swimmer is ready per coaches opinion. Training group color assignment reflect amount of training fees owed. See schedule below. NOTE: training fees are payable to the TJCC, not the swim team.
- ✓ **2. Complete a 2010 USA Athlete Registration Application (attached).** All stingray swimmer must reregister in Sept for 2010 (memberships good for all of 2010).
- ✓ **3. Please verify amount of funds remaining in your MEAD Account.** Your MEAD account balance must have \$100 or more to cover USA re-registration fee (\$57 year-round) and upcoming meet entry fees. Please email Team Treasurer (Diane Diamond <DDiamond090@aol.com>) for MEAD account balances. Write checks for additional funds payable to "TJCC Stingrays" (not the JCC!). Please place swimmer's name and state "MEAD" in memo section of check.
- ✓ **4. Place items 2 & 3 above in an envelope or clip together and give it to the Sports & Fitness Desk staff to put in the "Aquatics Box"** or give it directly to Kyra Holtzman (team registrar) during swim practice. **NOTE:** USA swimming Registration expires every year on DECEMBER 31<sup>st</sup>! Currently registered 2009 swimmers ARE ELIGIBLE to swim in 2009 meets only, NOT 2010! **Swimmers MUST complete a 2010 USA Registration Application** if they plan on swimming anytime in 2010 (practice or meets). Due to time and paperwork required to re-register an entire team, the **RE-REGISTRATION deadline is Oct. 23, 2009.**

**Transfers from another USA swim team?** Please contact our Team Registrar, Kyra Holtzman, [registrar@tucsonstingrays.com](mailto:registrar@tucsonstingrays.com), for an Athlete Transfer Form. Follow steps listed above for "new members".

2 week LC Team Break (Aug 2-16<sup>th</sup>, 2009)

**Short Course:**

**Session I (Aug 17 - Dec 31\*)**

**Session II (Jan 1 – Apr 11\*)**

2 week SC Team break (April 12-25<sup>th</sup>, 2010)

**Long Course:**

**Session III (May 3, 2010 – Aug 8, 2010\*)**

**\*Holiday closures to be announced at a later date**

| TRAINING FEES*** |             |                 |
|------------------|-------------|-----------------|
| GROUP            | TJCC MEMBER | TJCC NON-MEMBER |
| White            | \$160       | \$280           |
| Blue             | \$160       | \$280           |
| Silver           | \$220       | \$360           |
| Pre-Gold/Gold    | \$260       | \$420           |
| Platinum         | \$280       | \$440           |

| PRACTICE SCHEDULE** |               |                |                |  |
|---------------------|---------------|----------------|----------------|--|
|                     | MON-THURS     | FRI            | SAT            |  |
| WHITE               | 4:00pm-4:45pm |                |                |  |
| BLUE                | 4:00pm-5:00pm |                |                |  |
| SILVER              | 4:00pm-5:15pm | 4:00pm-5:15pm  | 8:00am-9:30am  |  |
| PRE-GOLD/<br>GOLD   | 5:00pm-7:00pm | 4:00 pm-5:30pm | 8:00am-10:30am |  |
| Platinum            | 5:00-7:00 pm  | 4:00-5:30 pm   | 8:00-10:30 am  |  |

**\*\*\*TJCC Sports & Fitness policy – training fees WILL NOT be pro-rated or refunded**

**\*\*Training times subject to change**

**Communication** Good communication between the coaches, swimmers and families is vital to the success of our team. Coaches are available to talk before or after practice, but respectfully request not to be disturb during designated practice times- this is when their focus needs to be on our swimmers. See below for other forms of team communication:

- **Stingrays Team Website** – [www.tucsonstingrays.com](http://www.tucsonstingrays.com) Check this website for up-to-date team information, including meet schedules, meet entries, meet results, records, standards, travel information, announcements, etc.
- **Email** – Every swimmer/family **must** provide an email address on your USA registration form. Important reminders, notifications (pool closures, etc.) are sent via email. If you are a current registered team member and are not receiving team emails, please contact us via email at [tjccstingrays@yahoo.com](mailto:tjccstingrays@yahoo.com).
- **Swimmer’s Folder** – Each registered Stingray swimmer has a folder located in a metal file box in the swim office. This office is located next to kids’ locker rooms outside by pool. Information will be placed in folders (e.g. meet ribbons, flyers, fundraising info, etc.). Please check folders often.
- **Aquatics Bulletin Board** – Records, news articles and some announcements are occasionally posted on the Aquatics Board located on the wall near the girls’ locker room across from the sports & fitness desk.
- **Swim Team Office Window** – Meet flyers are posted on the window.

**Additional Information**

- **Registration** – USA registration cards will be sent by the Phoenix registrar to your swimmer’s mailing address approximately 2-3 weeks after all required forms/payments are received. **ATTACH the laminated card to your swimmer’s swim bag. IT IS REQUIRED that swimmers have this card with them at all USA meets!** If you haven’t received confirmation of registration within 3 weeks of turning in your paperwork, please contact Kyra Holtzman ([registrar@tucsonstingrays.com](mailto:registrar@tucsonstingrays.com)), our Team Registrar, to confirm your swimmer’s eligibility to enter a meet. A Stingray Team swim cap will be placed in each swimmer folder upon completed registration.
- **MEAD Account (Meet Entry Account Deposit)** – All swimmers must have funds deposited to cover the \$57 USA Registration fee. This account needs to be replenished periodically to cover meet entry fees. On average, a typical meet costs approximately \$30/swimmer. A swimmer can not enter a meet if his/her account balance is below \$20. Diane Diamond, our Team Treasurer, will notify you when your swimmer’s account balance is close to \$20. *If a swimmer leaves the Stingray swim team, a written request to withdraw and return any remaining MEAD account funds must be given to the Team Treasurer, Diane Diamond, within thirty (30) days of the swimmer’s last practice or your MEAD account funds will be forfeited.*
- **Meet Entries** - If your swimmer wants to enter a meet, email your entries before the posted deadline to [tjccstingrays@yahoo.com](mailto:tjccstingrays@yahoo.com). Nichole Hocheder, our parent volunteer, is in charge of Team Entries. Only official USA results will be used to enter your swimmer in meets. No SAAA times can be used. Meet entries are paid for from your MEAD account. If funds in your MEAD account are insufficient your swimmer’s entries will not be submitted. **Entry fees are non-refundable.** A \$5.00 charge plus any other applicable late fees will be deducted from your swimmer’s MEAD account if an entry is submitted after our posted deadline and the entry is accepted by the meet host.

**Parent Volunteers**

- Team President – Nichole Hocheder [tjccstingrays@yahoo.com](mailto:tjccstingrays@yahoo.com)
- Team Registrar – Kyra Holtzman [registrar@tucsonstingrays.com](mailto:registrar@tucsonstingrays.com)
- Team Treasurer (MEAD account) - Diane Diamond [DDiamond090@aol.com](mailto:DDiamond090@aol.com)
- Meet Entries - Nichole Hocheder [tjccstingrays@yahoo.com](mailto:tjccstingrays@yahoo.com)
- Website – Sam DeVore [sdevore@teachesme.com](mailto:sdevore@teachesme.com)

**Coaches/TJCC Staff**

- Head USA Coach Amy Behm [aquacoach@gmail.com](mailto:aquacoach@gmail.com) or [tjccstingrays@yahoo.com](mailto:tjccstingrays@yahoo.com) 299-3000 #513 (cell 505-690-6781)
- Assistant USA Coach - Mike Lorimer [mblorimer@gmail.com](mailto:mblorimer@gmail.com)